


Hendrik Helmke - Box2Box midfielder

Date of birth: 13 Jul 1987 / 38 years old

Nationality: [Germany](#)

Represented by:


AGENT DETAILS

PLAYER DETAILS

Languages:	German, English, Portuguese, Spanish
Last contract expired:	31 Dec, 2019
Height / Weight:	181 cm. / 78 kg.
Position:	• Box2Box midfielder (preferred) • Central attacking midfielder • Central defensive midfielder
Foots:	Both_right
Player profile:	Played for Hamburger SV (youth) -GERMANY VfB Lubeck - GERMANY IFK MARIEHAMN - FINLAND TROMSO - NORWAY SABAH FA - MALAYSIA FF JARO - FINLAND ESTEGHLAL FC - IRAN AL AHLY- EGYPT FC LAHTI- FINLAND KPV- FINLAND
Achievements:	Player of the year in Finland 2014 Midfielder of the year in Finland 2013
Other information:	German and Brazilian passport


CAREER

Since	Club	Contracts
Jan 2017	Lahti (Finland)	No professional contracts found for this club
Feb 2014	Jaro (Finland)	No professional contracts found for this club
Aug 2013	Tromsø (Norway)	No professional contracts found for this club
Feb 2013	Jaro (Finland)	No professional contracts found for this club
Jan 2011	Mariehamn (Finland)	No professional contracts found for this club
Sep 2008	Lübeck VFB (Germany)	No professional contracts found for this club
Jan 2015	Al Ahly (Egypt)	No professional contracts found for this club
Nov 2014	Esteghlal (Iran)	No professional contracts found for this club
Mar 2012	Sabah (Malaysia)	No professional contracts found for this club
Jan 2019	KPV (Finland)	01 Jan 2019 - 31 Dec 2019


MATCH SUMMARY

Season / Team / Comp										
2019 / KPV-j / Veikkausliiga	2028'	23	23	0	3	0	4	8	1	0
2019 / KPV-j / Suomen Cup	588'	8	7	1	4	0	1	1	0	0
2019 / KPV-j / Play-offs 1/2	180'	2	2	0	0	0	0	1	0	0
2017 / FC Lahti / Veikkausliiga	2393'	28	28	0	6	0	1	6	0	0
2016/2017 / FC Lahti / Suomen Cup	90'	1	1	0	0	0	1	0	0	0
2014 / Jaro / Veikkausliiga	2758'	31	31	0	2	0	7	6	0	0
2014 / Jaro / League Cup	90'	1	1	0	0	0	0	1	0	0
2013/2014 / Tromsø / UEFA Europa League	341'	5	4	1	2	3	0	2	0	0
2013 / Tromsø / Eliteserien	433'	10	4	6	1	1	0	3	0	0
2013 / Jaro / Veikkausliiga	1863'	21	21	0	2	0	4	6	0	0
2013 / Jaro / League Cup	328'	4	4	0	1	0	0	2	0	0
2011 / Mariehamn / Veikkausliiga	2538'	29	28	1	1	0	2	10	0	0
2011 / Mariehamn / Suomen Cup	360'	4	4	0	0	0	2	0	0	0
2011 / Mariehamn / League Cup	465'	6	5	1	0	0	0	0	0	0
2009/2010 / Lübeck VFB / Regionalliga	1833'	24	21	3	6	0	0	7	0	0
2009/2010 / Lübeck VFB / DFB Pokal	90'	1	1	0	0	0	0	0	0	0
2008/2009 / Lübeck VFB / Regionalliga	1730'	27	20	7	7	0	0	8	0	0